

JAMAICA UNION CONFERENCE

HEALTH MINISTRIES DEPARTMENT

Presents

2014—MOVE TO LIVE

The Health Ministries Department is encouraging all Local Fields to promote **2014** as the year to "**Move and Live.**"

The plan is to motivate the members of the various churches and institutions to exercise in a very enjoyable way to obtain good results. During the year 2014, we will travel the distance of the circumference of the Earth at the equator which is 24,901.55 miles or 40,075.16 kilometers.

We are asking each church and institution to log every Monday, the amount of miles the members walked for the week, with the respective Conference Health Ministries Director.

On October 5, 2014 we will close the **Year 2014—Move to Live** with a big celebration in the East Jamaica Conference at the V.H.Percy Centre. Join us in this exciting venture as we encourage each other to Move and Live in an effort to enjoy a healthy lifestyle.

M.G. Gregory
JAMU Health Ministries Director
January 20, 2014